



Personal, Health and Social Education / PHSE Policy

Amendments made since last review (15/3/16) January 2018 - Broad guidelines – addition of further strategies now embedded within school. Update on nurture provision bullet point March 2021 – Changes in line with new statutory requirements of relationships, sex and health education. New LTP themes have been added Autumn 2023 – Policy amended to include 3 i statements – Intent, Implementation and Impact	
Policy agreed / reviewed 28/11/2023	Next review due Autumn term 2026
Signed on behalf of the Governing Body	Signed by headteacher

This policy is linked to our Relationships and Sex Education Policy.

Intent

We believe that personal, social and health education (PSHE) enables our children to become healthy, safe, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We are dedicated to ensuring that Longton lane is a happy, stimulating and caring place and we expect high standards of behaviour and good manners throughout the school. Behaviour and attitude to learning is underpinned by values that are taught through PSHE lessons, making it integral to the success of the whole school. PSHE is at the heart of our school ethos.

At Longton Lane we seek to provide an environment of mutual respect in which all children are loved, accepted and valued. We want our children to leave school prepared for the next stage of their education and confident in their ability to make a contribution to the world. We believe that our PHSE curriculum, which includes health, relationships and sex, finance and drug education, is central to being able to achieve these objectives. In this way social and emotional education is at the heart of everything we do in school.

Aims:

- To develop in each child a sense of self-worth, self-esteem, self-confidence, independence and responsibility and enable them to make informed choices regarding personal and social issues as they are encouraged to be emotionally literate.
- To know and understand what constitutes a healthy lifestyle
- To be aware of safety issues, within and outside of school
- To understand what makes for good relationships with others and how to cope with their own and others' feelings.
- To build a respect for others regardless of race, gender and mental and physical disability
- To be independent and responsible members of the school community
- To be positive and active members of a democratic society
- To develop good relationships with other members of the school and the wider community

Implementation:

PSHE underpins the whole school curriculum.

It is taught as a discrete weekly lesson as well as cross-curricular when relevant links can be made.

In EYFS PSHE is an integral part of the topic work covered during the year.

Through PSHE pupils develop the knowledge, skills and attributes underpinning the key concepts of self, celebrating difference, goals, health, relationships and change. PSHE helps pupils develop as individuals and as members of social and economic communities.

Broad Guidelines

- PHSE in school will follow our school curriculum as planned within the long-term plan, this covers all statutory elements of relationships, sex and health education and is sensitive to the age and needs of pupils.
- This framework will be delivered through a variety of teaching strategies including using the SEAL curriculum, MEEMO, Circle Time, mindfulness techniques and a variety of good quality resources.
- There will be an emphasis on active learning including the use of discussions, investigations, drama, role play and problem-solving activities.

- It will also be taught through cross curricular links, assemblies, collective worship and other activities (including trips and residential visits) or school events.
- PSHE will be used throughout school and in all lessons where possible. Staff will continuously promote PSHE when needed to enable our children to deal with all aspects of school/home life appropriately.
- In following our curriculum pupils will be taught about–

Relationships	Health and Wellbeing	Living in the Wider World
How bodies change	Mental wellbeing	Belonging to a community
Caring relationships and friendships	Internet safety and harms	Rules, roles and responsibilities
Respectful relationships	Physical health and fitness	Internet safety
Online relationships	Heathy eating	Finances
Being safe	Drug, alcohol and tobacco	Skills, jobs and careers
	Health and prevention	
	Basic first aid	

- There will be a regular specific curriculum session, in order to develop themes and share ideas.
- We teach PSHE to all our pupils, regardless of their ability. Learning opportunities are matched to the individual needs of children with learning difficulties. Activities and debates challenge our most able pupils to formulate personal views based on evidence they research and discuss. Children have access to the nurture lead as need arises.
- Our school nurture lead will work on specific PSHE related objectives to support children who need more intensive guidance and work. Children can access nurture at any point when support is needed. Teachers will liaise with the nurture lead to decide what is best for the child and what objectives are needed to be worked on. Evaluations of each individual child are completed once sessions are complete.
- Our school works with local partners and agencies to develop PSHE, including emotional health, relationship and sex education, drug education, safety, healthy eating and physical activity e.g. crucial crew, school nurse and school dental service.
- We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage.
- We keep records of the contribution to the life of the school and community in photograph and video form. Our Celebration Assembly celebrates personal achievement and rewards thoughtful, caring behaviour.
- A comment relating to PSHE will be included in the annual report to parents on pupils' progress.

Impact

Children demonstrate our philosophy in their learning and in their behaviour in and around school.

Children learn to make the right choices for their safety and benefit the school and local community.

Children become responsible citizens who have the confidence and adaptability to meet the challenges of the changing world.