LONGTON LANE PRIMARY SCHOOL

*‘Believe and Achieve’*

**PSHE Curriculum Key Vocabulary Y1-Y6**

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|  | **Year 1** | **Year 2** | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
| **Belonging to a community** | Rules, needs, care, living things, environment, recycling | Groups, belong, role, rights, responsibility, community, equal, different | Freedom, laws, responsibility, consequences, human rights, | Community, shared responsibility, compassion, contribution | compassion, shared responsibility, spending decisions | prejudice, discrimination, stereotypes,  diversity |
| **Respecting ourselves and others** | Kind, unkind, behaviour, actions, feelings, respect, polite, share, turn taking | Common, classmates, similar, situation, sharing, important, listening, understanding | Respectful, self-respect, courtesy, | Differences, similarities, traditions, beliefs | equality, lifestyle, discrimination, trolling, harassment, self-respect, anonymous | constructive challenge, conflict, personal behaviour, debate, topical |
| **Physical health and mental wellbeing** | healthy, unhealthy, washing, physical activity, play, sun safety | healthy, unhealthy, habit, routine, growing, medicines, dentist, dental health, mood | Health choices, feelings, informed decisions, healthy lifestyle, healthy diet, exercise benefits, | Balanced lifestyle, hygiene, dental care, oral hygiene, | lifestyle, sleep hygiene, mental health, sun exposure, heat stroke, disease prevention, vaccination, immunisation, bacteria, virus, overexposure, skin cancer | mental ill- health, adverse experiences, conflicted feelings, grieving process, bereavement mental health and wellbeing |
| **Safe relationships** | hurt, private, touch, uncomfortable, ask | hurtful, behaviour, bullying, online, surprise, secret, worried, pressured, unsafe, worried | Personal boundaries, impact, privacy, | Confidentiality, online risks, support, appropriate, permission / consent, peer pressure | consent, appropriate and inappropriate contact  acceptable, unacceptable, confidential | healthy and unhealthy friendship, shared responsibility, risk assessment, personal safety, consent |
| **Media literacy and digital resilience** | internet, digital, device, communicate, safely | internet access, purpose, value, content, online information | Online information, sources, reliability | Data sharing, | media, opinion, stereotype, suspicious content, reliability, sources, ranked | manipulated, altered, fake, restrictions, regulations, compliance, commercial purpose, misinformation |
| **Keeping safe** | restrictions, online safety, feelings, keeping safe | risks, medicine, familiar, unfamiliar, potentially, electrical appliance, household products, accident, emergency | Risks, hazards, reduce risks | Medicines, legal drugs, habit, vaccinations, immunisation, allergies, | risky, positive risk taking, predict, assess and manage risk in different situations  *Thematic- related to first aid*  *bruises, scalds, burns, bleeds (cuts or nose bleeds), asthma attack, allergic reaction, choking, unresponsive.* | personal information, impact, misuse, legal and illegal drugs, complying  *Thematic- organisations to contact re drug use e.g. AA, nicotine, vaping,* |
| **Families and friendships** | people, family, families, different, love | friend, positive play, argument, resolved, lonely, unhappy | Family structures, relationships, stability, security, commitment, | Positive friendships, friendship qualities, | peer influence, peer approval, positive resolution, reconciliation, consent | loving relationships, gender, ethnicity, faith, gender identity, sexual orientation, healthy relationships, commitment, marriage, civil partnership, emotionally, romantically, sexually, family structure  *Thematic- single parents, same-sex parents, step-parents, blended families, foster parents* |
| **Money and work** | strength, interest, jobs, community, different jobs, (examples of different jobs e.g. teacher, doctor, fireman, shop assistant, bus driver etc.) | money, kept, looked after, job, paid, need, want, spends | Skills, job stereotypes, personal goals, aspirations, career, teamwork | Money decisions, tracking money, | career ambition, diversity, inclusion, career opportunities, stereotyping, workplace, aspiration, voluntary work  *Thematic- types of employment and education/ training opportunities: college, university, apprenticeship* | ‘value for money’, critical consumer, emotions, health and wellbeing, fraud, debt and gambling  financial risk |
| **Growing and changing** | special, wrong, same, different, feelings, act | human life cycle, needs, body parts including penis, vulva, opportunities, grow up, goals | Achievements, personal strengths, setbacks, personal qualities, individuality | personal hygiene, personal identify, individuality, personal quality, emotional wellbeing | Physical changes, puberty, gender identity, biological sex, intensity  external genitalia, | transition, committed relationship, conception, sexual intercourse, intimate relationship, contraception, reproduction, |